

VIRTUAL EXECUTIVE COACHING (6 MONTHS)	VIRTUAL EXECUTIVE COACHING (3 MONTHS)	VIRTUAL LEADING with EMPATHY & COMPASSION (6 SESSIONS)
CHEMISTRY CHECK MEETING TO ENSURE COACH FIT		
Alignment Meeting	Alignment Meeting	Alignment & Personal History Meeting
Data Gathering & Feedback: 360 interviews (up to 9 people) 1-2 assessments Personal history	Data Gathering & Feedback: Online 360 tool + 3 live interviews 1 assessment Personal history	Data Gathering: Emotional intelligence assessment & feedback
Development Plan	Development Plan	Action Plan
Implementation: 2 coaching meetings per month + real-time coaching	Implementation: 2 coaching meetings per month + real-time coaching	Implementation: 4 coaching meetings
Follow-Up Data Gathering & Feedback	Follow-Up Data Gathering & Feedback	Not included