



## **Heather Holmes Floyd**

*Senior Career Consultant / Executive Coach*

Heather Holmes Floyd is a Senior Career Consultant and an Executive Coach at ClearRock. She is passionate about helping individuals to realize their full potential as they navigate their way into positions that resonate with them on a professional and personal level.

Heather has over 25 years of experience in the healthcare field and is a Certified Professional Co-Active Coach (CPCC) through the Coaches Training Institute (CTI), a Certified Physician Development Coach through the Physician Coaching Institute, and an Associate Certified Coach (ACC) through the International Coach Federation (ICF). In her role at ClearRock, she helps those with whom she works gain increased self-awareness to interact more productively in career transition and onboarding, and in their professional life on the whole. She has coached individuals with diverse mindsets and experiences, and knows that, when an organizational culture truly embraces inclusiveness, employees feel that they are engaged partners; their full potential is seen, encouraged and expected.

In addition to her role at ClearRock, Heather is the Principal at Compass Coaching where she provides executive coaching to business and healthcare professionals. Prior to focusing her career on consultative coaching, Heather worked at Dana-Farber Cancer Institute as Manager of Employee Relations, where she coached individuals and teams to work productively within their functional areas.

Heather earned her master's degree in Medical Social Work from Boston University and her bachelor's degree from Bowdoin College. She has served as Bowdoin's Alumni Fund Chair and Board of Trustees Nominating Committee member and is a long-serving Class Agent. Heather is a member of International Coach Federation of New England (ICFNE) and has served as the organization's VP of Education & Professional Development. She also volunteers for the Marfan Foundation, after having served on their Board of Directors for 10 years.

As mother to three young adults, who all live and work locally, family is extremely important to her. Heather and her husband recently moved to Boston proper and enjoy spending time in southern Maine.